

REPETITION  
DISCIPLINE  
DEDICATION  
DESIRE

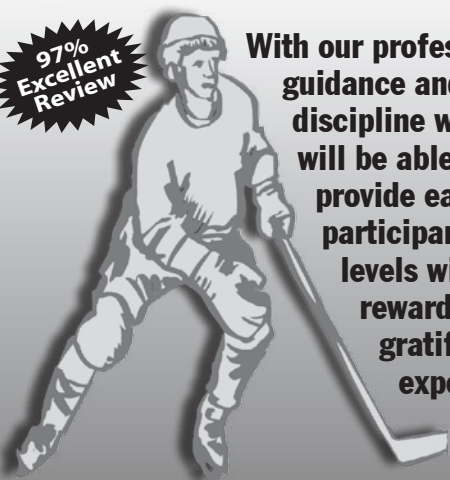


## OUR MISSION

The PHD Personal Hockey Development Skills Program will allow each participant an opportunity to discover their natural abilities while being exposed to the basic skills and fundamentals of playing ice hockey.

Each participant will be exposed and encouraged to execute individual skills through a professionally structured program through set traffic patterns and circuits with emphasis on repetition, perseverance and positive reinforcement in a fun-filled atmosphere.

97%  
Excellent  
Review



With our professional guidance and discipline we will be able to provide each participant of all levels with a very rewarding and gratifying experience.

### Building Skills Through Drills

## All Instruction Led By...



### Fred Monfils

Co-founder of Phd / Head Instructor

- 5 years of Professional Hockey playing experience (North America and Europe)
- Former Director/Head Instructor to the Exclusive NHL Pro Development Program

(60 NHL Players and Prospects)

- Over 18 years of extensive research and experience in Youth Hockey Development
- Designed and implemented Youth Hockey Association development programs for:
  - Kirkwood Youth Hockey, St. Louis, MO
  - Erie Youth Hockey, Erie, PA
  - Hamburg Youth Hockey, Hamburg, NY
  - Crawford County Youth Hockey, Meadville, PA
  - Timmins Minor Hockey, Timmins, ON
  - Whitestown Youth Hockey, Rome, NY
  - Strathcona Minor Hockey, Edmonton, AB



### Claire Alexander

Co-founder of Phd / Head Instructor

- Former NHL Player with the Toronto Maple Leafs, Vancouver Canucks, Edmonton Oilers
- Former Ass't Coach of the Toronto Maple Leafs
- Former Head Coach of the AHL St. Catharines Saints

- Over 38 years of extensive research in Youth Hockey Development
- Former Player/Coach with Elite Teams in Germany and Switzerland
- Former member of FIA Fundamentals In Action Team (300,000 Youth Hockey Players have been exposed to FIA Development Program Philosophy)



### STRATHCONA MINOR HOCKEY ASSOCIATION

Allen Young  
smha.development@telus.net  
780-417-4092



### PERSONAL HOCKEY DEVELOPMENT

Fred Monfils  
phdhockey@iaw.com

Highly Recommended for All Players



## The Personal Hockey Skills Program Presents The

SOLD OUT EVERY YEAR

8th ANNUAL!



## STRATHCONA MINOR HOCKEY ASSOCIATION

## HOCKEY SKILLS CAMP

August 17th - 21st, 2009

Ardrossan Recreational Complex

Making a Difference in your Community

HOUSE & TRAVEL PROGRAMS

FOR MORE INFORMATION CONTACT:

### STRATHCONA MINOR HOCKEY ASSOCIATION

Allen Young, Vice President of Development  
780-417-4092

smha.development@telus.net  
www.smhahockey.org

PERSONAL HOCKEY DEVELOPMENT  
Fred Monfils phdhockey@iaw.com

REGISTRATION FOR PROGRAM DESCRIPTION

## PROGRAM DESCRIPTIONS



**Program A** 7.5 Hours (All Skill Levels)  
Players' Ages 4, 5 & 6 Investment \$ 150.00

- Each player receives 7.5 hours of professional on-ice instruction daily. Basic & Fundamental Individual Skills with a Puck. (Forward/Backward/Lateral)

**Daily On-Ice Schedule** (Please hold on to your copy)  
Monday August 17th – Friday August 21st, 2009 9:00 am - 10:30am  
All Floods are scheduled within allotted ice times

**Program B** 7.5 Hours (All Skill Levels)  
Players' Ages 7, 8 & 9 Investment \$ 175.00

- Each player receives 7.5 hours of professional on-ice instruction daily. Basic & Fundamental Individual Skills with a Puck. (Forward/Backward/Lateral)

**Daily On-Ice Schedule** (Please hold on to your copy)  
Monday August 17th – Friday August 21st, 2009 10:30am - 12:00pm  
All Floods are scheduled within allotted ice times

**Program C** 7.5 Hours (All Skill Levels)  
Players' Ages 10 & Up Investment \$ 175.00

- Each player receives 7.5 hours of professional on-ice instruction Basic & Fundamental Individual Skills with a Puck (Forward / Backward / Lateral)

**Daily On-Ice Schedule** (Please hold on to your copy)  
Monday August 17th – Friday August 21st, 2009 12:00pm - 1:30pm  
All Floods are scheduled within allotted ice times

**Program D** 12.5 Hours (Travel / Rep Level)  
Players' Ages 9 & 10 Investment \$250.00

- 2008 Hockey Experience (House Select / A / AA / AAA)
- Each player receives 12.5 hours of professional on-ice instruction. Basic & Fundamental Individual Skills with a Puck (Forward / Backward / Lateral)

**Daily On-Ice Schedule** (Please hold on to your copy)  
Monday August 17th – Friday August 21st, 2009, 1:30pm - 4:00pm  
All Floods are scheduled within allotted ice times

**Program E** 12.5 Hours (Travel / Rep Level)  
Players' Ages 11, 12 & Up Investment \$250.00

- 2008 Hockey Experience (House Select / A / AA / AAA)
- Each player receives 12.5 hours of professional on-ice instruction. Basic & Fundamental Individual Skills with a Puck (Forward / Backward / Lateral)

**Daily On-Ice Schedule** (Please hold on to your copy)  
Monday August 17th – Friday August 21st, 2009 4:00pm - 6:30pm  
All Floods are scheduled within allotted ice times

Goals Welcome  
in All Groups

# REGISTRATION FORM

## PAYMENTS & REGISTRATION:

All registrations must be accompanied by a 50% Deposit for each participant, with a post dated cheque (Dated Aug 17th, 2009) for the balance owing included with the registration form. Please Note: Registrations will not be accepted if the Release and Indemnity below is not completed.

## CANCELLATIONS:

All cancellations will be subject to a \$25.00 Administration Fee for each participant prior to July 17th, 2009. No money will be refunded if the Applicant leaves during the On-Ice Program or fails to register on Aug 17th, 2009.

## PROGRAM PARTICIPANTS: Please print clearly

**Player #1** Name \_\_\_\_\_ Position \_\_\_\_\_  
 Birthdate \_\_\_\_\_ Age at time of Clinic \_\_\_\_\_  
 Level of Player  House  
 Please Check One:  Travel A / AA / AAA  
 Program(s) of Choice \_\_\_\_\_  
 Player Disabilities (Health) \_\_\_\_\_  
 Has the Player attended this program before Yes  Year \_\_\_\_\_ No

**Player #2** Name \_\_\_\_\_ Position \_\_\_\_\_  
 Birthdate \_\_\_\_\_ Age at time of Clinic \_\_\_\_\_  
 Level of Player  House  
 Please Check One:  Travel A / AA / AAA  
 Program(s) of Choice \_\_\_\_\_  
 Player Disabilities (Health) \_\_\_\_\_  
 Has the Player attended this program before Yes  Year \_\_\_\_\_ No

**Total Investment for all Participants** \$ \_\_\_\_\_  
**Less 50% Deposit** - \$ \_\_\_\_\_  
**Balance Owing** (Post Dated Cheque Included for Aug 17th, 2009) \$ \_\_\_\_\_  
 Please make all cheques payable to Strathcona Minor Hockey Association

## RELEASE AND INDEMNITY

The applicant agrees and understands that participation of the sport constitutes a risk of serious injury, including permanent paralysis or death. As an applicant and/or participant, agree that Strathcona Minor Hockey Association/Personal Hockey Development and all affiliates will not be held responsible for any accident or loss and also to release the aforementioned from all claims and/or damages which may arise from any such accident or loss.

Date: \_\_\_\_\_ Signature of Parent/Guardian \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov./State \_\_\_\_\_

Postal/Zip Code: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone #: \_\_\_\_\_

MAIL COMPLETED REGISTRATION FORM AND CHEQUE TO:  
STRATHCONA MINOR HOCKEY ASSOCIATION  
c/o Allen Young, 181-52147 Range Rd. 231  
Sherwood Park, AB T8B 1A4 • Phone: 780-417-4092