

REPETITION
DISCIPLINE
DEDICATION
DESIRE

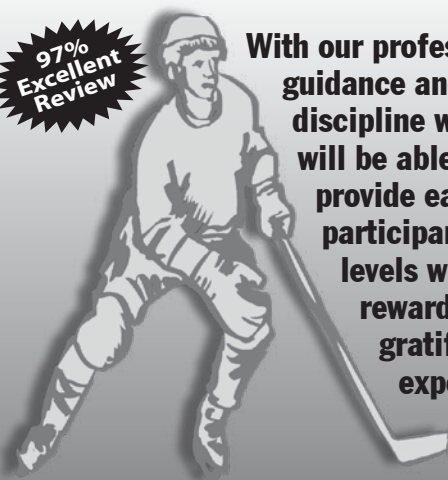


OUR MISSION

The PHD Personal Hockey Development Skills Program will allow each participant an opportunity to discover their natural abilities while being exposed to the basic skills and fundamentals of playing ice hockey.

Each participant will be exposed and encouraged to execute individual skills through a professionally structured program through set traffic patterns and circuits with emphasis on repetition, perseverance and positive reinforcement in a fun-filled atmosphere.

97%
Excellent
Review



With our professional guidance and discipline we will be able to provide each participant of all levels with a very rewarding and gratifying experience.

Building Skills Through Drills

All Instruction Led By...



Fred Monfils

- Co-founder of Phd / Head Instructor
- 5 years of Professional Hockey playing experience (North America and Europe)
- Former Director/Head Instructor to the Exclusive NHL Pro Development Program

(60 NHL Players and Prospects)

- Over 19 years of extensive research and experience in Youth Hockey Development
- Designed and implemented Youth Hockey Association development programs for:
 - Kirkwood Youth Hockey, St. Louis, MO
 - Erie Youth Hockey, Erie, PA
 - Hamburg Youth Hockey, Hamburg, NY
 - Crawford County Youth Hockey, Meadville, PA
 - Timmins Minor Hockey, Timmins, ON
 - Whitestown Youth Hockey, Rome, NY
 - Strathcona Minor Hockey, Edmonton, AB



Claire Alexander

- Co-founder of Phd / Head Instructor
- Former NHL Player with the Toronto Maple Leafs, Vancouver Canucks, Edmonton Oilers
- Former Ass't Coach of the Toronto Maple Leafs
- Former Head Coach of the AHL St. Catharines Saints

- Over 39 years of extensive research in Youth Hockey Development
- Former Player/Coach with Elite Teams in Germany and Switzerland
- Former member of FIA Fundamentals In Action Team (300,000 Youth Hockey Players have been exposed to FIA Development Program Philosophy)



STRATHCONA MINOR HOCKEY ASSOCIATION

Allen Young
smha.development@telus.net
780-417-4092



PERSONAL HOCKEY DEVELOPMENT

Fred Monfils
fmonfils@gameonballhockey.com

Highly Recommended for All Players



The Personal Hockey Skills Program Presents The

SOLD OUT EVERY YEAR

9th ANNUAL!



STRATHCONA MINOR HOCKEY ASSOCIATION

HOCKEY SKILLS CAMP

August 16th - 20th, 2010

Strathcona Olympiette Center

Making a Difference in your Community

HOUSE & TRAVEL PROGRAMS

FOR MORE INFORMATION CONTACT:

STRATHCONA MINOR HOCKEY ASSOCIATION

Allen Young, Vice President of Development
780-417-4092

smha.development@telus.net
www.smhahockey.org

PERSONAL HOCKEY DEVELOPMENT
Fred Monfils phdhockey@iaw.com

REGISTRATION FOR PROGRAM DESCRIPTION

2010 PROGRAM DESCRIPTIONS



Program A 7.5 Hours (All Skill Levels)
Players' Ages 4, 5 & 6 Investment \$ 150.00

- Each player receives 7.5 hours of professional on-ice instruction daily. Basic & Fundamental Individual Skills with a Puck. (Forward/Backward/Lateral)

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 9:00 am - 10:30am

Program B 7.5 Hours (All Skill Levels)
Players' Ages 7, 8 & 9 Investment \$ 175.00

- Each player receives 7.5 hours of professional on-ice instruction daily. Basic & Fundamental Individual Skills with a Puck. (Forward/Backward/Lateral)

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 10:30am - 12:00pm

Program C *2009 Hockey Experience (House Select / A / AA / AAA)*
Players' Ages 9 & 10 Investment \$ 250.00

- Each player receives 12.5 hours of professional on-ice instruction Basic & Fundamental Individual Skills with a Puck (Forward / Backward / Lateral)

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 12:00pm - 2:30pm

Program D *2009 Hockey Experience (House Select / A / AA / AAA)*
Players' Ages 11, 12 + Investment \$ 250.00

- Each player receives 12.5 hours of professional on-ice instruction Basic & Fundamental Individual Skills with a Puck (Forward / Backward / Lateral)

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 2:30pm - 5:00pm

Program E Body Contact
 * 2009 Hockey Experience (House Select / A / AA / AAA) *
Players' Ages 11, 12 & Up Investment \$175.00

- Each player receives 7.5 hrs of professional on-ice instruction on the Basic & Fundamentals of Contact – Checking – Shot Blocking & Contain

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 5:00pm - 6:30pm

Program F Body Contact
Players' Ages 11, 12 & Up *House Level Players* Investment \$ 175.00

- Each player receives 7.5 hours of professional on-ice instruction Basic & Fundamental Individual Skills with Contact & Contain – Checking – Shot Blocking

Daily On-Ice Schedule (Please hold on to your copy)
 Monday August 16th – Friday August 20th, 2010 6:30pm - 8:00pm



REGISTRATION FORM

PAYMENTS & REGISTRATION:

All registrations must be accompanied by a 50% Deposit for each participant, with a post dated cheque (Dated Aug 9th, 2010) for the balance owing included with the registration form. Please Note: Registrations will not be accepted if the Release and Indemnity below is not completed.

CANCELLATIONS:

All cancellations will be subject to a \$25.00 Administration Fee for each participant prior to July 9th, 2010. No money will be refunded if the Applicant leaves during the On-Ice Program or fails to register on Aug 9th, 2010.

PROGRAM PARTICIPANTS: Please print clearly

Player #1 Name _____ Position _____
 Birthdate _____ Age at time of Clinic _____
 Level of Player House Travel A / AA / AAA
 Please Check One: House Travel A / AA / AAA
 Shoots: Right Left
 Program(s) of Choice _____
 Player Disabilities (Health) _____
 Has the Player ever attended a Strathcona/PHD Skills Program in the past? Yes No

Player #2 Name _____ Position _____
 Birthdate _____ Age at time of Clinic _____
 Level of Player House Travel A / AA / AAA
 Please Check One: House Travel A / AA / AAA
 Shoots: Right Left
 Program(s) of Choice _____
 Player Disabilities (Health) _____
 Has the Player ever attended a Strathcona/PHD Skills Program in the past? Yes No

Total Investment for all Participants \$ _____
Less 50% Deposit (Included) - \$ _____
Balance Owing (Post Dated Cheque Included for Aug 9th, 2010) \$ _____
 Please make all cheques payable to Strathcona Minor Hockey Association

RELEASE AND INDEMNITY
 The applicant agrees and understands that participation of the sport constitutes a risk of serious injury, including permanent paralysis or death. As an applicant and/or participant, agree that Strathcona Minor Hockey Association/Personal Hockey Development and all affiliates will not be held responsible for any accident or loss and also to release the aforementioned from all claims and/or damages which may arise from any such accident or loss.

Date: _____ Signature of Parent/Guardian _____
 Parent's Name: _____ Address: _____
 City: _____ Prov./State _____
 Postal/Zip Code: _____ E-Mail: _____
 Phone: _____ Emergency Phone #: _____

MAIL COMPLETED REGISTRATION FORM AND CHEQUE TO: STRATHCONA MINOR HOCKEY ASSOCIATION
 c/o Allen Young, 181-52147 Range Rd. 231 Sherwood Park, AB T8B 1A4 • Phone: 780-417-4092